Career Goal Setting Worksheet

It’s important to develop **SMART** Goals.

Those are goals that are **S**pecific, **M**easurable, **A**ttainable, **R**ealistic, **T**imely

|  |  |
| --- | --- |
| **My Long-Term Career Goal** |  |
| **My Short-Term Goals to Achieve My Long-Term Goal**  |  |
|  | Action Steps | Time Line |
| Remember to break these goals into doable steps. Make sure you consider the **SMART** goal criteria:**S**pecific**M**easurable**A**ttainable**R**ealistic**T**imely | 1. |  |  |
| 2. |  |  |
| 3. |  |  |
| 4. |  |  |
| 5. |  |  |
| Support Network |  |
| Barriers |  |