

Second Chance (A Seminar for Ex-Offenders)

Description: For ex-offenders, steady employment is key to beginning a fresh new life. Searching for employment may be challenging but not impossible. We can help you make the transition.

What you will learn:

- ◆ How to survive on the outside
- ◆ Discover your strengths and purpose in life
- ◆ How to organize your job search
- ◆ How to handle stress and anger
- ◆ Life skills

Textbooks/materials: The “Double You” – The Person You Are And The Person You Want To Be (Mendlin, Polonsky); Keeping Your Job (Mendlin, Polonsky); Video – Putting the Bars Behind You

Michigan Works
Service Center
Locations/Times:

<i>PH</i>	4 th Thursday of each month 2:00 p.m. to 3:00 p.m.	Code: PO53
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<i>MC</i>	3 rd Wednesday of each month 1:00 p.m. to 2:00 p.m.	Code: PO54
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<i>CT</i>	2 nd Wednesday of each month 2:00 p.m. to 3:00 p.m.	Code: PO55
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<i>R</i>	2 nd Wednesday of each month 2:00 p.m. to 3:00 p.m.	Code: PO56
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