

Attitude – Your Most Priceless Possession

Description:

What is an attitude? Why are some people more negative than others? How can you stay positive? This seminar will answer these and other questions!

What you will learn:

- ◆ The components of attitude
- ◆ Attitude adjustment techniques
- ◆ Benefits of a good attitude
- ◆ Attitude and your job

Textbooks/materials:

Attitude – Your Most Priceless Possession (Chapman)

Michigan Works

PH MC CT R

Code: PO41 (PH)

Service Center

3rd Thursday of the month

Code: PO42 (MC)

Locations/Times:

1:00 p.m. to 2:00 p.m.

Code: PO43 (CT)

Code: PO44 (R)